Alternatives Available upon request with a 2 hour notice. You can also fill out your menu for the week with any of the choices below, place your name on the menu and the staff member will take care of it for you. (314) 965-0864 ext. 214

Ala Carte Menu

Chicken Patty

Turkey

Ham

Roast Beef

Deluxe Burger

*****Toasted Cheese

*Sandwich

Meat Loaf

Hot Dogs

*Cottage Cheese *Plate

*Peanut Butter &

* Jelly

Select Soups

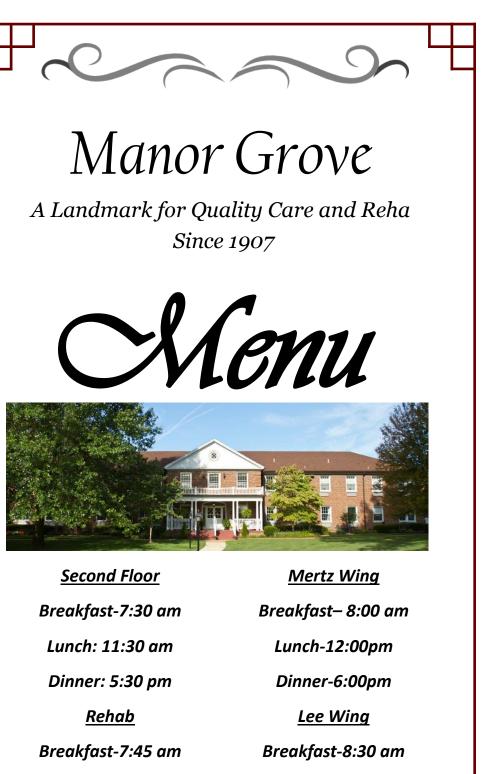
Vegetable Soup Chicken Noodle Tomato Cream of Mushroom

<u>BREAKFAST</u>
Choice of egg
Choice of Cereal
Corn Flakes,
Cheerios,
Raisin Bran,
Oatmeal,
Rice Krispies,
Cream of Wheat,
Special K-Strawberries
<u>Fruits & Yogurt</u>
Fresh Fruit Cup
A variety of fruits
Yogurt
tts, Olis & Sweets SE SPARINGLY KEY Fat (naturally occurring and added) Gugers (added) These symbols show task and added sugars in boos.
Ik. Yogurt & heese Group 3 SERVINGS
getable Group 5 SERVINGS

Manor Grove Activities

Sunday, December 6	Monday, December 7					
ALL SMALL GROUP ACITIVITIES ARE STILL SUSPENDED UNTIL FUTHER NOTICE.	1:1 ACTIVITY SESSIONS & HANDOUTS ARE BEING PROVIDED DAILY					
Tuesday, December 8	Wednesday, December 9					
A "BUSY" BOX (WITH A VARIETY OF ACTIVITIES IN IT) IS PROVIDED ON EACH WING AND AVAILABLE FOR RESIDENTS TO ENJOY.	RESIDENTS ARE WELCOME TO COME INTO THE ACTIVITY ROOM W/MASK ON TO DO ACTIVIITES INDIVIDUALLY AND/OR TO HAVE A SNACK AND JUST VISIT , WHILE MAINTAINING "SOCIAL DISTANCING" (ONE RESIDENT AT EACH TABLE)					
Thursday, December 10	Friday, December 11					
HOLIDAY COLORING SHEETS, PUZZLE PAGES AND CHRISTMAS CARDS TO SEND OUT TO FAMILY AND FRIENDS ARE AVAILABLE IN THE ACTIVIY DEPARTMENT ROOM TO ALSO COMPLETE.						
Saturday, December 12						
HOLIDAY MOVIES AND OR HOLIDAY MUSIC ON IN ACTIVITY ROOM AT ALL TIMES						







Lunch-11:45 pm

Dinner– 5:45 pm

Lunch-12:30 pm Dinner-6:30 pm

DECEMBER 6-12, 202



F/W	Sunday,	Monday,	Tuesday,	Wednesday,	Thursday,	
3	December 6	December 7	December 8	December 9	December 10	
B R E A K F A S T	Chilled Assorted Juice Hot Cereal Assorted Cold Cereal Eggs Casserole Toast w/Butter & Jelly Fruit of the Day	Chilled Juice Hot Cereal Assorted Cold Cereal Fresh Donuts Scrambled Eggs Toast w/Butter & Jelly Fruit of the Day	Chilled Juice Hot Cereal Assorted Cold Cereal English Muffin Sausage Butter /Jelly & Cream Cheese Fruit of the Day	Chilled Juice Hot Cereal Assorted Cold Cereal Scrambled Egg w/Cheese Toast w/Butter & Jelly Fruit of the Day		As.
L U N C H	Pot Roast Garlic Mashed Potatoes Baby Carrots Roll w/Butter Assorted Desserts	Breaded Pork Chop Macaroni & Cheese Broccoli Bread w/Butter Assorted Desserts	Chicken Strips Ranch Potato Bake Copper Pennies Bread w/Butter Special Ice Cream	Pepper Steak over Rice Vegetable Blend Bread & Butter Assorted Desserts	BBQ Pork Steaks Corn on the Cob Green Beans Bread/Butter Assorted Desserts	Ma. A
D I N N E R	Turkey Chili w/Cheese & Onion & Crackers Tossed Salad w/ Assorted Dressings Assorted Dessert	<i>Meatloaf Sandwich Lettuce & Tomato Pea Salad Assorted Desserts</i>	Hamburger Soup Crackers Turkey Sandwich Lettuce & Tomato 3 Bean Salad Assorted Desserts	Ravioli Zucchini Sticks Bread/Butter Assorted Desserts	Vegetable Noodle Soup Crackers Chicken Breast Sandwich Lettuce & Tomato Cucumber Salad Assorted Dessert	Eg H B.

ASSORTED BEVERAGES

WEEK AT A GLANCE

Fríday, December 11

Chilled Juice Hot Cereal Assorted Cold Cereal Pancake Sandwich w/Butter & Syrup Fruit of the Day **Saturday,** December 12

Chilled Juice Hot Cereal Assorted Cold Cereal Coffee Cake & Sausage Fruit of the Day

Ham Steak Mashed Sweet Potato Cole Slaw Bread/Butter Assorted Desserts

Italian Casserole Beets Bosco Stick Assorted Desserts

Egg & Cheese Omelet Grapes Hash Brown Potato Patty Biscuit w/Butter & Jelly Assorted Desserts Tomato Basil Soup w/Crackers Beef & Cheddar Cheese Sandwich Lettuce , Tomato, Onion & Pickles Assorted Desserts